

Cal/OSHA's Heat Illness Prevention Regulation (CCR Title 8, §3395) states that as a supervisor, you are required to take certain steps to protect employees from heat illness, especially when they are working outside. Review the checklist outlined below.

CHECKLIST

1. Water Availability

- Plenty of fresh, pure, and suitably cool water is located as close as is practical to where the employees are working.
- A plan is in place to refill water coolers throughout the day.

2. Shade and Rest

- A shade structure is always available for employees to rest and cool down (regardless of the weather).
- The weather forecast is known and current weather is monitored.

3. Safety Training

- All employees are trained to recognize and prevent heat illness **BEFORE** they start working outdoors.
- All employees can identify symptoms of heat illness.
- A plan is in place to acclimate new employees.

4. Emergency Plan

- Everyone knows how to contact DPS.
- Employees can explain their location if they need to call DPS.
- Employees are trained to look out for each other.

5. Reminders - The employees are instructed to:

- Drink water frequently (at least every 15 minutes).
- Rest in the cool shade during breaks and as needed.

As a Supervisor, you must:

- ✓ Ensure the availability of water.
- ✓ Provide a ready shade structure.
- ✓ Train my employees.
- ✓ Have an emergency plan ready.
- ✓ Contact EH&S at (323) 442-2200 if I have any questions/concerns.
- ✓ For all emergencies: Contact DPS (213) 740-4321 UPC; (323) 442-1000 HSC; local emergency service provider; or 911.



Additional Information

Heat Safety - Supervisor's Daily Checklist PDF:

http://www.99calor.org/downloads/Employers_training_Kit/daily_checklist_english.pdf

http://www.99calor.org/downloads/Employers_training_Kit/daily_checklist_spanish.pdf

Cal-OSHA Heat Illness Prevention:

<http://www.dir.ca.gov/dosh/heatillnessinfo.html>

