Eating and drinking with others is still considered a high-risk activity. Please make sure to practice caution and follow these best practices when conducting this activity.

**Before Eating or Drinking**
1. Wash your hands for 20 seconds or more or use a hand sanitizer (60% alcohol+) before you eat or drink.
2. Clean and disinfect the area.

**While Eating or Drinking**
1. Eat outside and alone when you can.
2. If you eat inside, eat alone and remain in your designated area. Do not eat/drink and walk around.
3. If you eat in a breakroom or shared area:
   a. Sit alone at a table.
   b. Keep a minimum of 6 feet distance between yourself and others. 8 to 10 feet distance is optimal.
4. Order boxed lunches and distribute after meetings. Do not consume meals at meetings.
5. Avoid buffets and shared foods such as potlucks.

**After Eating or Drinking**
1. Clean and disinfect the area.
2. Wash used, non-disposable food service utensils with dish soap and hot water.
3. Wear a face mask when not eating or drinking.

Visit the [COVID-19 Resource Center](https://www.usc.edu/covid19/) for related information and important safety videos.

**Questions?** Contact EHS@usc.edu, covid19@usc.edu, or the COVID-19 hotline 213-740-6291.